



About Syma Habib

Syma Habib hails from Edmonton, AB. She began her career at the intersections of food justice, childhood trauma, ecology and accessibility, connecting these ideas to create impact in at-risk communities. Upon moving to Calgary she found her place as a part of the founding team of The Alex Community Food Centre. She is a passionate advocate for not just food security but income security for all Canadians, and is currently focusing her energy on coordinating advocacy and engagement work at The Alex CFC. When she isn't advocating for good food for all, you can find her in

the garden, sharing a meal with friends, or hiking in the Rockies.

About her presentation:

Food is never just food. In this hour long presentation, good food advocate Syma Habib will explore the connections between food, community, health, poverty, and income security. The Community Food Centre (CFC) model is one way of addressing the problem of food insecurity that has found great success in cities and towns all over Canada. CFCs don't just increase access to nourishing food for low income communities. They allow for health, justice and belonging in a dignified space. Join us to learn more about not just food insecurity in Alberta but also about the innovative, upstream approaches that are changing the ways we think about community, collaboration, and social change.